

Prenate[®] Essential[®]

Rx prenatal vitamin & DHA

Rx Only

DESCRIPTION: PRENATE ESSENTIAL[®] is a prescription prenatal/postnatal multivitamin/mineral/ essential fatty acid softgel. Each softgel is green in color, opaque, and imprinted with "Prenate" on one side and blank on the other.

Supplement Facts			
Serving Size: 1 Softgel			
Amount per Serving:		% Daily Value	% Daily Value (Pregnant & Lactating Women)
Vitamin C (as ascorbic acid)	90 mg	150%	150%
Vitamin D ₃ (as cholecalciferol)	220 IU	55%	55%
Vitamin E (as dl-alpha tocopheryl acetate)	10 IU	33%	33%
Vitamin B ₆ (as pyridoxine HCl)	26 mg	1300%	1040%
Folate (as ((6S)-N ⁵ -methyltetrahydrofolic acid calcium salt (molar equivalent to 600 mcg of folic acid) and folic acid, USP 400 mcg)	1 mg	250%	125%
Vitamin B ₁₂ (as cyanocobalamin)	13 mcg	217%	163%
Biotin	280 mcg	93%	93%
Calcium (as calcium formate) Formical [®]	155 mg	16%	12%
Iron (as ferrous asparto glycinate) Sumalate [®]	18 mg	100%	100%
Iodine (as potassium iodide)	150 mcg	100%	100%
Magnesium (as magnesium oxide)	50 mg	13%	11%
Docosahexaenoic Acid (DHA)	300 mg	†	†
Eicosapentaenoic Acid (EPA)	40 mg	†	†

† Daily Value (DV) not established.

PRENATE ESSENTIAL[®] contains fish oil and soy.

OTHER INGREDIENTS: Bovine gelatin, glycerin, soy lecithin, white beeswax, purified water, soybean oil, titanium dioxide, FD&C yellow #5, FD&C Blue #1, and FD&C yellow #6.

INDICATIONS: PRENATE ESSENTIAL[®] is a multivitamin/multimineral fatty acid dietary supplement indicated for use in improving the nutritional status of women throughout pregnancy and in the postnatal period for both lactating and nonlactating mothers. PRENATE ESSENTIAL[®] can also be beneficial in improving the nutritional status of women prior to conception.

CONTRAINDICATIONS: PRENATE ESSENTIAL[®] is contraindicated in patients with a known hypersensitivity to any of the ingredients.

WARNING: Ingestion of more than 3 grams of omega-3 fatty acids (such as DHA) per day has been shown to have potential antithrombotic effects, including an increased bleeding time and International Normalized Ratio (INR). Administration of omega-3 fatty acids should be avoided in patients taking anticoagulants and in those known to have an inherited or acquired predisposition to bleeding.

PRECAUTIONS: Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where Vitamin B₁₂ is deficient. Folic acid in doses above 0.1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

ADVERSE REACTIONS: Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

DOSAGE AND ADMINISTRATION: Before, during and/or after pregnancy, one softgel daily or as directed by a physician.

HOW SUPPLIED: Bottles of 30 softgels. (75854-313-30).

The listed product number is not a National Drug Code, but has instead merely been formatted to comply with standard industry practice for pharmacy and insurance computer systems.

Store at 20° - 25°C (68° - 77°F); excursions permitted to 15° - 30°C (59° - 86°F) [See USP Controlled Room Temperature.]

MANUFACTURED FOR: Avion Pharmaceuticals, LLC
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To learn more about your pregnancy, go to www.PrenatePERL.com